



Press release

FOR IMMEDIATE RELEASE

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Surgeon helping Ukrainians one stove at a time

Dr. Jian Shen joins the movement to bring heat to struggling families in Ukraine

Latham, NY- “No one should be cold, especially children. As this war enters its second year, I wanted to show support to people who are suffering without heat”, stated Jian Shen, MD, Ph.D. He explained further, “As the war in Ukraine continues, this year I chose to support children in Ukraine by purchasing stoves. I am hoping the stoves will be a tangible item that can ease suffering by providing heat and food - even a little bit - even from afar.” The fellowship-trained Endoscopic Spine Surgeon with offices in New York and New Jersey added, “As a parent, I hated hearing about children who were suffering in the cold.” He is hoping others will join him in the cause by supplying stoves and humanitarian aid to the war-torn country.

Dr. Shen purchased 10 stoves for Ukrainian families through the charity Ukrainian Children Inc. (www.ukarinianchildren.org.) The organization is providing food, medicine, and supplies to people in Ukraine. Ukrainian Children, Inc. pairs donations with villages

in need and provides the logistics to get the stoves from Warsaw into the hands of Ukrainians.

The organization also put the name of Dr. Shen on each stove. The stoves can also be used to cook food.

Dr. Shen also sent Christmas donations to refugee women and children living in a convent in Warsaw, Poland. The financial assistance allowed the women to buy needed clothes and toys for their children. For their first Christmas displaced since the war began, the women were able to make a Christmas dinner featuring their homeland dishes. The women sent a “Thank you” and pictures to Dr. Shen.

According to the International Rescue Committee (IRC), report released on December 22, 2022, 25% of respondents did not have access to sufficient heating and 61.3% reported that their houses were in need of repair. The renewed waves of shelling recently severely impacted energy infrastructure and knocked out power in major cities, plunging vast parts of the country into darkness. They added, “People's capacity to cope with cold is further impaired by the destruction and failure of critical infrastructure, lack of heating and electricity, and the trauma of living under constant shelling.”

As temperatures plummet in Ukraine, and the war enters its second year, Dr. Shen is proud to be a part of the global humanitarian response. He concluded, “It is a small gesture but hopefully it will help a few people the cold temperatures.”

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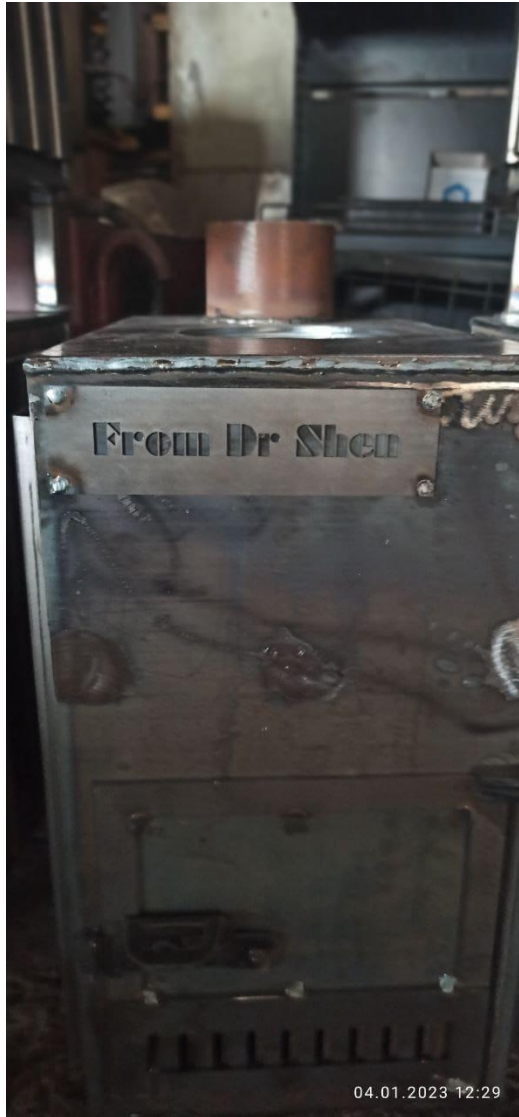
**For more information about Jian Shen, MD, Ph.D. please visit
www.envisionspinesurgery.com.**

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Recently Ukrainian Children shared the following report and video:

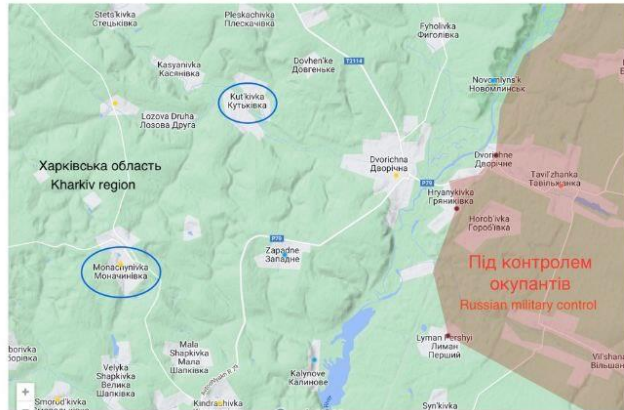


Left: A child taking refuge in a convent in Warsaw shows her doll after Dr. Shen donated money to the refugees. Right and below: refugees celebrate Christmas with gifts and food after a donation from Dr. Shen. (Used with permission. Photo credit Anna Kocherha)



Photos used with permission.

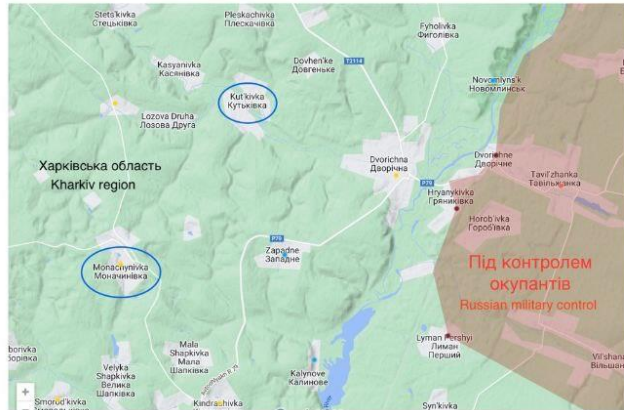
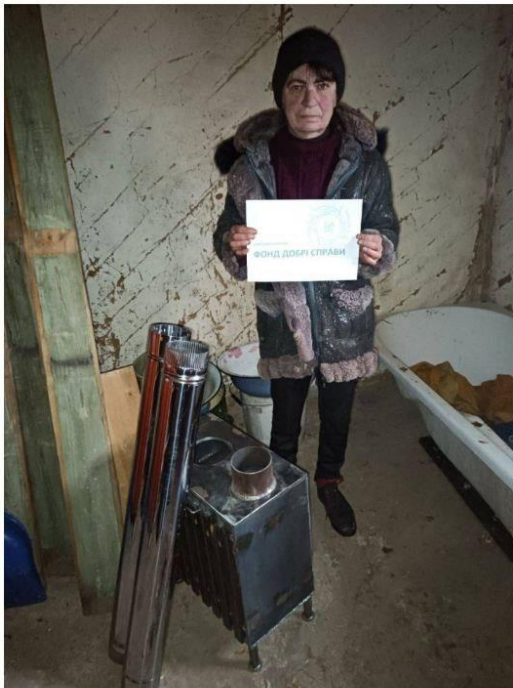
Photo credit
Ukrainianchildren.org



Це Наталя, вона залишилась одна з трьома дітьми, молодшій дочці всього 7 років. Попри все вона не втрачає надію і силу духа. В їх частині міста часто вимикають світло, тому відтепер в них буде змога приготувати їжу і зігрітися.

31.12.2022

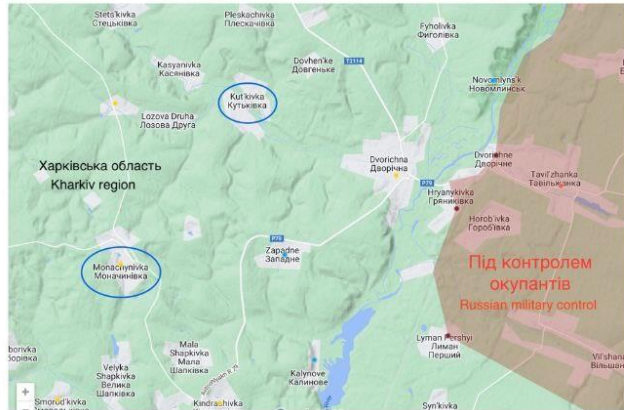
This is Natalya, she was the only one of the three children, the youngest daughter is only 7 years old. Despite everything, she does not lose hope and strength of spirit. In their part of the city, the lights are often turned off, so from now on they will be able to cook food and keep warm.



Це Світлана, вона проживає одна в поганих умовах. В її домі немає світла і опалення, що життєво необхідні для виживання зимою. Відтепер, отримавши плиту, вона матиме змогу приготувати гарячий обід і отоплити приміщення.

31.12.2022

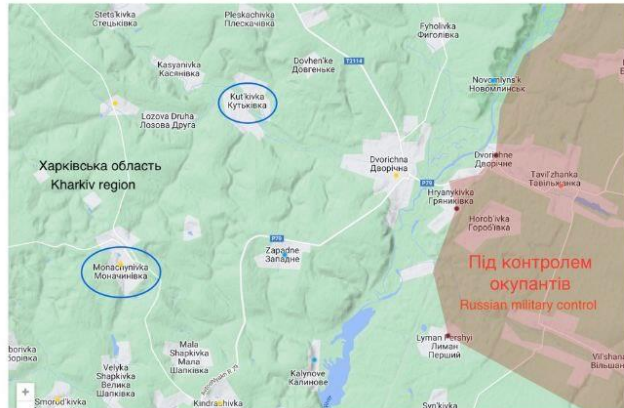
This is Nadia, an elderly woman. She was left all alone, but she does not lose hope and vitality. In her part of the city, the lights often go out and there is no heating. Nadiya is very grateful and happy for the help, because now it will be easier for her to provide herself with more comfortable living conditions in the winter.



Це жінка похилого віку Надія. Вона залишилась зовсім одна, проте не втрачає надію і життєві сили. В її частині міста часто вимикається світло і немає опалення. Надія дуже вдячна і щаслива допомозі, адже тепер їй буде легше забезпечити собі більш комфортні умови проживання взимку.

31.12.2022

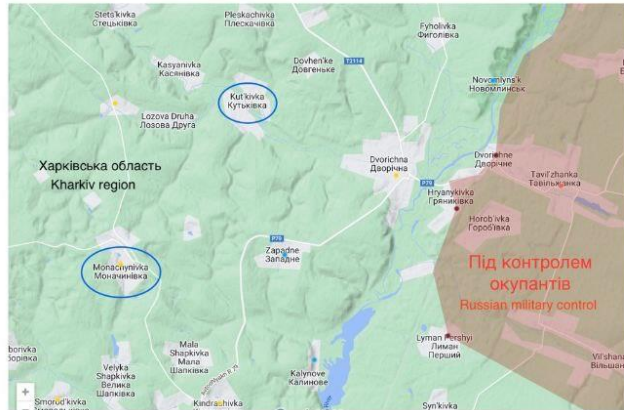
This is Galena. She lives alone and because of the shell which destroyed her heating system. She doesn't have heat in her house. She's 85 years old and she said that it's very important for her that now she will be warm. Thank you so much Dr. Shen (see video)



Це чоловік Яків. Він зовсім один проживає в дуже складних для виживання взимку умовах. В його будинку немає опалення, а в Україні зими зазвичай доволі холодні. Завдяки наданій допомозі у вигляді плити він зможе обігріти свій будинок і приготувати гарячу їжу.

31.12.2022

This is Jacob, a widower. He lives alone in very difficult to survive in winter conditions. There is no heating in his house, and winters in Ukraine are usually quite cold. Thanks to the provided help in the form of a stove, he will be able to heat his house and cook hot food.



Це Леся, яка залишилась одна з двома дітьми. У неї немає газового опалення, а в умовах зими жити в такому домі з дітьми стає дуже складно. Не зважаючи на складності, вона піклується і про домашнього улюбленця кота. Відтепер вся сім'я зможе приготувати собі їжу та зігрітися.

31.12.2022

Elena Report-Nikopol, Ukraine

This is Lesya, who was left alone with the two of them children. It does not have gas heating, and in winter it becomes very difficult to live in such a house with children. Despite the difficulties, she also takes care of her pet cat. From now on, the whole family will be able to prepare food and keep warm. You can barley make out Dr Shen on the stove.

Video caption: Galena lives alone and because of a shell her heating system was destroyed. She is 85 years old and she said this is very important because now she will be warm. Thank you so much Dr. Shen.

